

# SAMPLE PODCAST INTERVIEW QUESTIONS

- How can teams stay focused and productive in today's world of constant digital distractions?
- What's the secret to creating work structures that support better outcomes for both teams and leaders?
- Why do you think some high-performing teams struggle to maintain creative decision-making under pressure?
- How can healthy boundaries help teams perform better, and why are they more than just "self-care"?
- What's one common mistake leaders make when trying to improve team performance, and how can they fix it?
- What role does stress play in a team's success, and how can leaders use it to their advantage?
- How do you measure the impact of improved team dynamics on overall business results?
- Can you share a success story where small changes made a big difference in team performance?
- What's the first thing leaders should do if they see their team struggling to stay focused?
- What do you think is the future of teamwork in a fast-paced, digitally connected world?

